

Ten Habits For Holiness

Inspired by the words of Bishop William Ullathorne (1806–1889)

1. Be Prayerful

“By prayer we lean on the arm of God, by prayer we obtain the strength of Christ, by prayer we receive the gift of endurance... Prayer lifts the heart above the Cross.”

2. Be Inspirational

“Young minds are often capable of great thoughts. The young, in general, think and observe considerably more than we give them credit for.”

3. Be Reflective

“We live in the midst of a restless, impatient, and fevered life, that more than ever demands for our security patience of will and stability of mind.”

4. Be Ambitious

“Ambition has the art above all of affecting the common good, of correcting standing evils, and stimulating a great charity to all concerned.”

5. Be True to Yourself

“We therefore carry in our conscience, as the companion and tutor of our will, the sense of God, the voice of His law, and the mirror of our life.”

6. Be Humble

“It is impossible to save a soul without humility as to build a ship without nails.”

7. Be Generous

“Tell a man to think on nothing but himself, and you insult his reason; tell him to love nothing but himself, and you insult his conscience; tell him to live for nothing but himself, and you insult his heart.”

8. Be Courageous

“Do not imagine difficulties before they come. To imagine them is to make them.”

9. Be Patient

“Patience is the fence of the soul; and within the fence of patience the choir of the virtues flow in harmony and peace and unite the praise of God. But impatience is the destroyer of the securing fence.”

10. Be Joyful

“There can be no better proof of a healthy soul than habitual cheerfulness. Christian cheerfulness is that modest, hopeful, and peaceful joy which springs from charity and is protected by patience.”



May St Benedict, St Francis de Sales and St Jane Frances de Chantal,
who inspired Bishop Ullathorne, pray for us.