



Eloquent and Grateful



Read the 10 food waste facts in the link <https://kids.earth.org/climate-change/10-food-waste-facts-for-kids/>. Think and write down 5 things you can do to reduce food waste.



Watch a cooking program of your choice. What recipes/dishes were they making? What ingredients were used? What skills did the chef/presenter demonstrate?

Attentive and Compassionate



Listen to the Kids guide to food: Staying healthy and where food comes from podcast. <https://www.funkidslive.com/podcast/kids-guide-to-food-staying-healthy-where-food-comes-from/>. Click on the 'Around the World' podcast to explore breads from around the world. Make a note of the traditional breads mentioned for each of the countries.



Choose a recipe that you have made in school and have another go at making it at home to improve your skills. You could try altering the recipe slightly, for example, you have learned how to make bread; what other recipes involve bread making? Did you attempt a calzone in lesson? Could you alter the topping of your pizza? Could you shape your bread rolls differently?

Wise & Curious and Faith-filled & Prophetic



Research the food of a culture that is different to you own. What common ingredients do they use? What are the traditional dishes of that culture? – research traditional breakfasts, lunches and dinner Create a poster to present the information that you have gathered.



Visit a local supermarket and make a list of 10 fruits and vegetables and the country they originated in. Using the food miles calculator in the link below, calculate how many miles each food item has travelled to get to the UK. Present your findings in a table.

<https://www.foodmiles.com/>

Key

	Read		Student Led
	Watch		Creative/Research
	Listen		Visit