



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	<p>Baseline Assessment</p> <p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Practical assessment in football, rugby and netball</p> <p>Develop their technique and improve their performance in other competitive sports</p> <p>Practical assessment in gymnastics and trampolining</p> <p>Perform dances using advanced dance techniques within a range of dance styles and forms</p>	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Practical assessment in football, rugby, badminton and netball</p> <p>Develop their technique and improve their performance in other competitive sports</p> <p>Practical assessment in gymnastics and trampolining</p> <p>Perform dances using advanced dance techniques within a range of dance styles and forms</p>	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Practical assessment in handball, table tennis, rugby and netball</p>	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Practical assessment in handball, table tennis, rugby and netball</p>	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Practical assessment in Tennis, cricket, softball, rounders</p> <p>Develop their technique and improve their performance in other competitive sports</p> <p>Practical assessment in athletics</p>	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Practical assessment in Tennis, cricket, softball, rounders</p> <p>Develop their technique and improve their performance in other competitive sports</p> <p>Practical assessment in athletics</p>

	Practical assessment in dance	Practical assessment in dance				
Year 8	<p>Baseline Assessment</p> <p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Practical assessment in football, rugby and netball</p> <p>Develop their technique and improve their performance in other competitive sports</p> <p>Practical assessment in gymnastics</p> <p>Perform dances using advanced dance techniques within a range of dance styles and forms</p> <p>Practical assessment in dance</p>	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Practical assessment in football, rugby, badminton and netball</p> <p>Develop their technique and improve their performance in other competitive sports</p> <p>Practical assessment in gymnastics</p> <p>Perform dances using advanced dance techniques within a range of dance styles and forms</p> <p>Practical assessment in dance</p>	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Practical assessment in handball, table tennis, rugby and netball</p>	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Practical assessment in handball, table tennis, rugby and netball</p>	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Practical assessment in Tennis, cricket, softball, rounders</p> <p>Develop their technique and improve their performance in other competitive sports</p> <p>Practical assessment in athletics</p>	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Practical assessment in Tennis, cricket, softball, rounders</p> <p>Develop their technique and improve their performance in other competitive sports</p> <p>Practical assessment in athletics</p>

<p>Year 9</p>	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Practical assessment in football and netball</p> <p>Develop their technique and improve their performance in other competitive sports</p> <p>Practical assessment in trampolining</p> <p>Fitness</p>	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Practical assessment in football and basketball</p> <p>Sports Leaders</p> <p>Fitness</p>	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Practical assessment in rugby, table tennis and basketball</p> <p>Sports Leaders</p>	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Practical assessment in rugby, table tennis and basketball</p> <p>Sports Leaders</p>	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Practical assessment in Tennis, cricket, softball, rounders</p> <p>Develop their technique and improve their performance in other competitive sports</p> <p>Practical assessment in athletics</p>	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Practical assessment in Tennis, cricket, softball, rounders</p> <p>Develop their technique and improve their performance in other competitive sports</p> <p>Practical assessment in athletics</p> <p>Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group</p> <p>Practical assessment in orienteering</p>
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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 10 & 11 Core	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Practical assessment in football and netball</p> <p>Develop their technique and improve their performance in other competitive sports</p> <p>Practical assessment in trampolining</p> <p>Fitness</p>	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Practical assessment in Basketball/Handball, football, badminton and volleyball/tchuke.</p> <p>Perform dances using advanced dance techniques within a range of dance styles and forms</p> <p>Practical assessment in dance</p>	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Practical assessment in Basketball/Handball, football, badminton, lacrosse, rugby and table tennis</p> <p>Fitness</p>	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Practical assessment in Basketball/Handball, football, badminton, lacrosse, rugby and table tennis</p> <p>Fitness</p>	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Practical assessment in Tennis, cricket, softball, rounders</p> <p>Develop their technique and improve their performance in other competitive sports</p> <p>Practical assessment in athletics</p>	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Practical assessment in Tennis, cricket, softball, rounders</p> <p>Develop their technique and improve their performance in other competitive sports</p> <p>Practical assessment in athletics</p> <p>Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing</p>

						<p>skills to solve problems, either individually or as a group</p> <p>Practical assessment in orienteering</p>
<p>Year 10 Theory GCSE</p>	<p>Sport Psychology -Skill -Smart Targets Basic Information processing model</p> <p>Assessment of content taught</p>	<p>-Guidance and feedback -Arousal -Aggression -Motivation</p> <p>Health, Fitness and well-being -Physical, mental and social well-being -Sedentary Lifestyle and Obesity -Somatotypes -Energy use -Diet</p> <p>Assessment of content taught</p>	<p>Socio-Cultural influences -Engagement patterns of social groups -Commercialisation -Media and technology -Conduct of performers -Drugs -Spectator behaviour</p> <p>Assessment of paper 2 content</p> <p>Assessment of content taught</p>	<p>Physical Training -Components of fitness -Fitness testing -Training Principles -Types of training -Seasonal Aspects -Warm up/Cool Down</p>	<p>Coursework –Section 1 Identification of fitness and skill strengths and weaknesses.</p>	<p>Revision Past papers Yr 10 Exam</p>
<p>Year 10 Practical GCSE</p>	<p>Netball/Badminton Practical assessment for all pupils in both netball/badminton</p>	<p>Netball/Badminton Practical assessment for all pupils in both netball/badminton</p>	<p>Table tennis/Handball</p>	<p>Table tennis/Handball</p>	<p>Trampolining/Badminton</p>	<p>Trampolining/Table tennis</p>
<p>Year 11 Theory GCSE</p>	<p>Sport Psychology -Skill -Smart Targets Basic Information processing model -Guidance and feedback -Arousal -Aggression -Motivation</p>	<p>Yr 11 Mock Exam Yr 11 coursework section 2 – Evaluation of skill and fitness weakness</p>	<p>Socio-Cultural influences -Engagement patterns of social groups -Commercialisation -Media and technology -Conduct of performers -Drugs -Spectator behaviour</p> <p>Assessment of paper 2 content</p>	<p>Health, Fitness and well-being -Physical, mental and social well-being -Sedentary Lifestyle and Obesity -Somatotypes -Energy use -Diet</p> <p>Assessment of paper 2 content</p>		

				Revision Past papers Scenario		
Year 11 Practical GCSE	Handball Practical assessment for all pupils in handball	No Practical	No Practical	Preparation for moderation	EXAM	