



Message from Mr Billings

Hello everyone

Welcome to our second lockdown newsletter. Hopefully you will find the advice and news items informative and inspirational as you continue to navigate these unusual times. This week marks the start of our Summer term and following two weeks of Easter you may have found the challenge of taking back the mantle of school teacher and parent a little challenging. I would like to take a moment to ask you to be kind to yourselves. Homes are not schools. They are not set up as such and neither should they be. If children are able to complete some work everyday then that is great. If they are struggling and finding the work too stressful, please don't worry. There are lots of activities to choose from on Show My Homework and children may find it easier to approach these like a menu of possible tasks, rather than a list of things that must be completed. Everybody is navigating the situation differently at the moment and there is no right or wrong way to approach home schooling, only the way that is best for you and your family. As always staff are available on e-mail during the school day and are happy to help or offer encouragement. When we are out of this unusual time we will work hard to support your child in getting back on track. That's our job. In the meantime please just focus on doing the job you do so brilliantly every day: letting your child know that they are safe and loved.

Take care and God bless

Mr Billings



NHS Heroes

Do you know any past students who work for the NHS? We would like to hear about them so that we can celebrate their work and thank them for all they are doing during this time.

Please send a picture with their name and where they are working to:

s.boyle@bishoppullathorne.co.uk



Prayer

Your Loving Care

Lord Jesus,
when you walked with us on earth
you spread your healing power.
We place in your loving care
all who are affected by Coronavirus.
Keep us strong in faith, hope and love.
Bring relief to our sick,
console our bereaved,
protect those who care for us.
We lift our prayer to you Lord,
and trust in your infinite mercy,
as we wait for the daybreak.
Amen

CAFOD



Keeping Safe

Please visit our school website on the Covid-19 page to find a number of useful resources to help with anxiety and to support with any mental health concerns. <https://www.bishopullathorne.co.uk/covid-19>



Chat Health

There is a new School Nurse Health Visitor messaging service to support young people, children and families in these unsettling times.

School nurse messaging service – for young people aged 11-19

Aged 11-19? Our school nurses are still here to help with all kinds of things in these unsettling times. Just text #ChatHealthNHS on 07507331943 and we'll reply back. T&Cs: bit.ly/ChatHealthPrivacy

Aged 11-19? Need emotional support in these unsettling times? Our school nurses are still here to help. Just text #ChatHealthNHS on 07507331943 and we'll reply back. T&Cs: bit.ly/ChatHealthPrivacy

Aged 11-19? Need advice on relationship issues in these unsettling times? Our school nurses are still here to help. Just text #ChatHealthNHS on 07507331943 and we'll reply back. T&Cs: bit.ly/ChatHealthPrivacy

Aged 11-19? Looking for advice about eating healthily in these unsettling times? Our school nurses are still here to help. Just text #ChatHealthNHS on 07507331943 and we'll reply back. T&Cs: bit.ly/ChatHealthPrivacy

School nurse messaging service – for parents/carers of 5-19 year olds

Need advice about your child's health and wellbeing in these unsettling times, #Parentline is available for parents/carers of 5-19 year olds to text a school nurse. Just text us on 07507329114 and we'll reply back. T&Cs: bit.ly/ChatHealthPrivacy

Worried about your child's emotional health and wellbeing in these unsettling times? Just text school nursing #Parentline on 07507329114 and we'll reply back. T&Cs: bit.ly/ChatHealthPrivacy

Concerned about your child's behaviour in these unsettling times? Just text School Nursing #Parentline on 07507329114 and we'll reply back. T&Cs: bit.ly/ChatHealthPrivacy

Need advice on how to keep your children active and healthy in these unsettling times? Just text School Nursing #Parentline on 07507329114 and we'll reply back. T&Cs: bit.ly/ChatHealthPrivacy

During these strange and difficult times, if you need to contact our school designated safeguarding lead please ring our school on **02476 414515**.

For further contact details, please see our school website for further signposting, advice and support.

Stay Safe

Worried about a child?

If you are worried a child may be at risk of, or being neglected or abused, let the Multi-Agency Safeguarding Hub (MASH) on **024 7678 8555**

Or, if out of hours Emergency Duty Team (EDT) on **024 7683 2222**

In an emergency always dial 999!

Coventry Safeguarding Children

Safeguarding is everyone's responsibility

Online Parenting Support

Online parenting information including videos are available at : www.coventry.gov.uk/parentingadviceandsupport

Information on how families can access advice from their local Family Hub is available at www.coventry.gov.uk/familyhubs

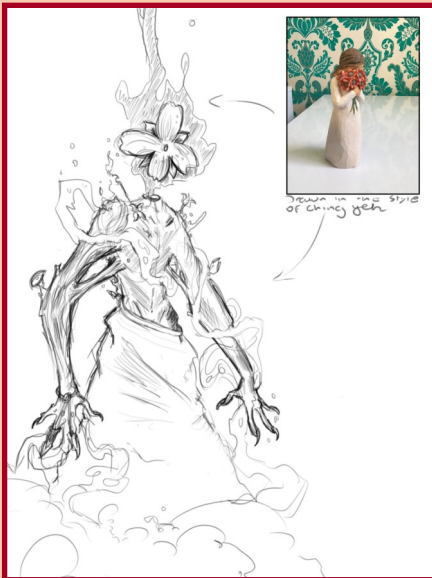
10 emergency food hubs are operating across the city. They can be contacted on 08005 834 323 for more information. This line is open between 9am to 5pm Monday to Friday.



Please use the school website for any Office 365 and Show My Homework login issues

Examples of good work

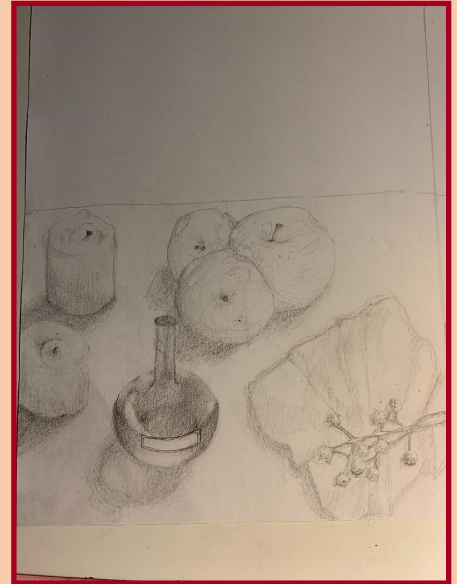
We are very proud of all of our students and the work that they have been producing while working from home. We would like to celebrate some of their work over the coming weeks.



Logan in Year 9 has created this drawing on a tablet directly through Photoshop using a digital pen



Jessica in Year 9 has produced this fantastic still life drawing in pencil.

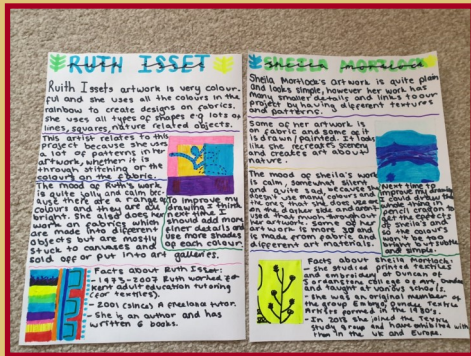


Ciaran in Year 8 has produced this piece of work for the 30 day photo challenge on 'Love'.



Jenny in Year 10 has produced a beautiful Art Textiles Portfolio





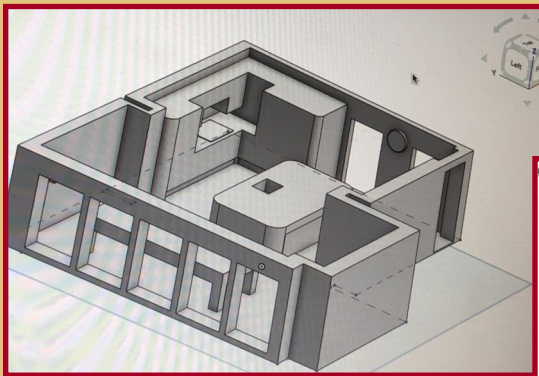
Maria in Year 9 has completed some great research



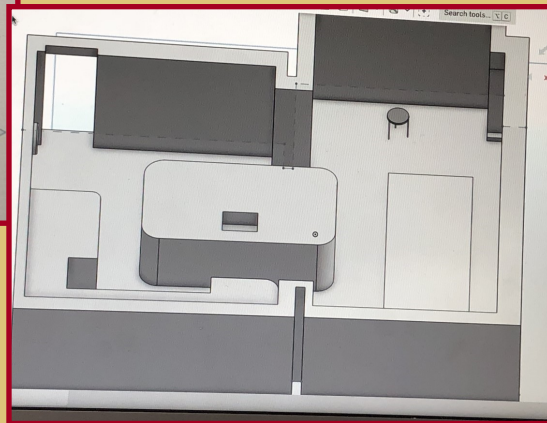
Mini torch key ring



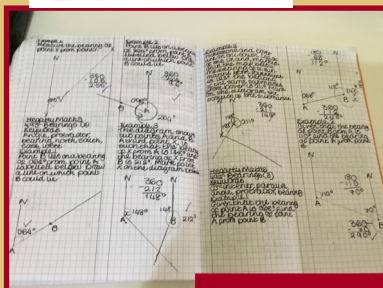
Pablo in Year 7 has completed the Science Museum design



Dylan in Year 10 has created his kitchen using OnShape, online 3D CAD software. Dylan used video tutorials on YouTube to learn the basics and combined the skills to create this impressive interior design



Mrs Ademakinwa has been very pleased with the excellent quality and quantity of work being produced by her students. Keep up the good work!



Work by Dima Year 7



Mrs Casey would like to congratulate the following students for the excellent RE work which they have completed at home:

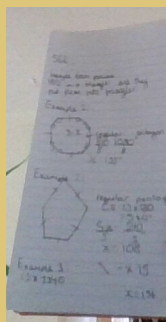
Year 10

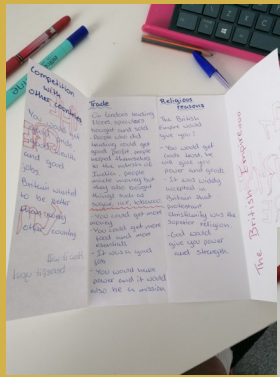
Michelle N
Arjun
Libby

Year 12

Kiran
Lucy
Leah
Shannon

Work by Holly Year 7





Oliwia in Year 8 has produced a very detailed information leaflet on the British Empire



Nieel in Year 9 has been very creative in his revision. Nieel has created a mini podcast
https://www.youtube.com/watch?v=O_hqcdLajfY



Agata in Year 7 has created a picture inspired by Georges Braque



Evannie in Year 7, a picture inspired by Van Gogh

Mrs Oldfield had asked her French students to create a piece of art work inspired by French artists. She is very pleased with all of the results. A great effort made.

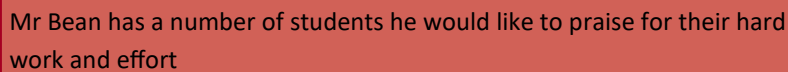
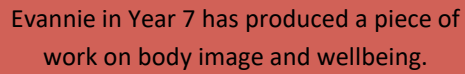


Cate in Year 8, a picture inspired by Van Gogh

Benjamin in Year 7 inspired by Paul Gauguin.



Zofia in Year 7, a picture inspired by Van Gogh



In Year 7, Gracie and Lexie have been working very hard and produced some great work.



Year 9

Reme , Aliscia N, Ebony, Aimee T, Anne A

Avery, Alexsandra and Ethan

Spanish

Act of Compassion

A huge well done to Adam in Year 7 who has been busy this Easter donating Easter eggs for the children who are in hospital. Adam and his family have collected them and Adam has also bought some himself. Adam donated a great total of 556 eggs.

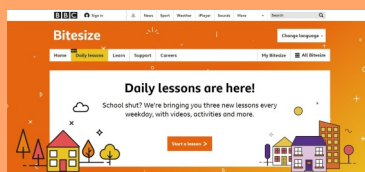
We are very proud of you Adam.



BBC Bitesize

BBC Bitesize is showing on TV, from 9.00am every day lessons for all subjects and age groups that could support learning. Take a look at the website link for more details.

This can also be accessed on their website <https://www.bbc.co.uk/bitesize>



Home

Coronavirus (COVID-19): what you need to do

Stay at home

- Only go outside for food, health reasons or essential work
- Stay 2 metres (6ft) away from other people
- Wash your hands as soon as you get home

Anyone can spread the virus.
[Full guidance on staying at home and away from others](#)

CREATIVE INVITATION #1

COVENTRY COUCH POTATO CHALLENGE

ARTIST BIO



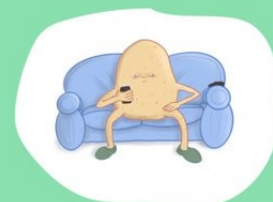
Hello... I'm Cathy Cassidy, an exiled Coventry kid, and I write books for children and teens.

I was really excited to find the @Sitting Rooms of Culture page on Facebook, and blown away by the creative posts uploaded there every day. I was thrilled to be asked to launch a writing challenge for Coventry's would be wordsmiths of all ages... and so the Coventry Couch Potato Challenge was born!

We're all couch potatoes now, but we can use our time to get creative with words, feelings and ideas and write something really awesome.

BRIEF

- Write a short story or poem inspired by your experience of living in Covid-19 lockdown
- 1,000 words or less
- All ages welcome. If under 18, tell us your age. If under 12, ask a parent/guardian to add a sentence to giving permission to enter.
- Submit up to 3 pieces
- Closing Date is May 30th
- Favourite entries will be collated in a book
- Submit to: mailcathycassidy@googlemail.com



SITTING ROOMS
OF CULTURE

Supported by Coventry
City of Culture Trust

Request from Pope Francis

This May during the month dedicated to the Blessed Virgin Mary, Pope Francis has invited us to renew our love for the Most Holy Rosary, a prayer fully immersed in the Gospel. Pope Francis has said:

Dear brothers and sisters, contemplating the face of Christ with the heart of Mary our Mother will make us even more united as a spiritual family and will help us overcome this time of trial. I keep all of you in my prayers, especially those suffering most greatly, and I ask you, please, to pray for me. I thank you, and with great affection I send you my blessing.

Pope Francis

The Pope has written two prayers to support and help us during this difficult times. They can be found on our Facebook page.



Support for PPE for the NHS

Last week our Design Technology department was hard at work creating resources for carers and NHS staff. 144 ear relievers and 15 scrub bags were delivered to @nhsswft to support the ongoing work of front line medical staff. A huge thank you to the department for all of their hard work.



Change of contact details

If you have changed your mobile number or if any of your contact details have changed, please go to our school website and click on the "Advise us of change of details" tab and record the changes. It is important that we have up-to-date contact details for all of our students.

<https://www.bishopullathorne.co.uk/change-my-details>



Fridays

Take a look at the Fridays Facebook page and Instagram account to see the many ways you can get involved while at home. There are some great videos that have been shared by young people showing their talents.



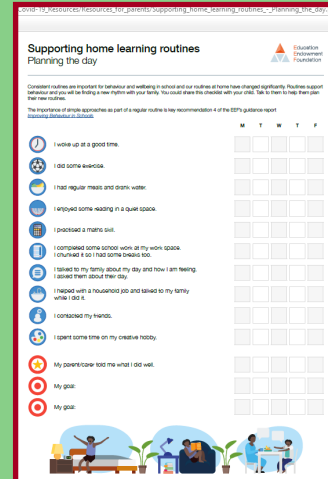
FRIDAYS 4IN1

- 1 FREETIME:**
HOBBIES, MOVIES, GAMES & INTERESTS
- 2 FURTHER YOURSELF:**
WORK & LIFE SKILLS
- 3 FOOD FUN:**
RECIPES, TIPS AND DIET
- 4 FITNESS:**
EXERCISE FOR ALL

SEND YOUR VIDEOS NOW!

@FridaysCoventry
Unlocking YOUth Potential

#STAYSAT
#PROTECTOURNHS
#FRIDAYSCOVENTRY



Supporting home learning routines
Planning the day

Consistent routines are important for behaviour and wellbeing in school and our routines at home have changed significantly. Routines support behaviour and you will be helping your child with your family. You could share this checklist with your child. See to make time for their own routine.

The importance of people agree to a regular routine is key recommendation 4 of the EEF's guidance report <https://www.eef.co.uk/publications>

	M	T	W	T	F
I wake up at a good time.					
I do some exercise.					
I eat regular meals and drink water.					
I enjoy some reading in a quiet space.					
I prepared a matrix suit.					
I completed some school work at my work space (checked I got some house too)					
I talked to my family about my day and how I am feeling. I asked them about their day.					
I helped with a household job and talked to my family unless I did it.					
I completed my hands.					
I spent some time on my creative hobby.					
My parent/care told me what I did well.					
My goal:					
My goal:					

Planning your day

There is a useful checklist which could support you with making sure you have a good structure to your day and manage your routines on the school Facebook page and school website.

ULLATHORNE LIBRARIAN'S TOP READ!

Wink by Rob Harrell

For all fans of Wonder, Wimpy Kid and anything Louis Sachar this brand new novel is sure to be a hit! Everyone at school wants to fit in and just be normal. This all goes out of the window for Ross Malloy when he is diagnosed with a rare form of eye cancer. Based on the author's own real life experience of eye cancer this novel this novel is poignant but is also funny and uplifting with amazing comic strip artwork mixed into the story.

